



ANDREW T CARTER

FELDENKRAIS® PILATES

DIRECTOR/CHOREOGRAPHER

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### **BIOGRAPHY**

Andrew T. Carter is a New York-based movement specialist and director/choreographer. He's been teaching somatic modalities including Feldenkrais and Pilates/exercise since 1989. He is intuitive, compassionate, creative and curious, all of which enable him to connect with the people he works with and delve deeply into the work they are doing.

Andrew is a Guild Certified Feldenkrais® Teacher (Feldenkrais Guild of North America) and PMA® Certified Pilates Instructor (Pilates Method Alliance). He spent 10 years teaching in tandem with physical therapists in a clinic that treated the general public, and which was also devoted to performing artists. There he worked with dancers from New York City Ballet, American Ballet Theatre, Dance Theatre of Harlem, Ballet Hispanico, Paul Taylor Dance Company, David Parsons Dance, the Martha Graham Dance Company and Broadway performers.

As a director/choreographer his work has been seen at theatres and festivals in New York, Toronto and Baltimore. He's worked in Paris with Ariane Mnouchkine and the Théâtre du Soleil, and in NY with Mabou Mines. Andrew also develops original dance-theatre productions, collaborating with composers, playwrights, designers and actors. He has an MFA Theatre from Towson University, and a BFA Dance from Purchase College/SUNY. He began his dance training in the School of Canada's Royal Winnipeg Ballet - Professional Division.

He's taught workshops for the public, Feldenkrais and Pilates teachers, as well as performing artists in Canada, USA, South America and Paris.